

HOMEMADE DOG TREATS



SIMPLE AND EASY RECIPES
FOR YOUR BEST FRIEND

CATHY L. KIDD

Excerpts from:

**Homemade Dog Treats:
Simple and Easy Recipes for Your Best Friend**

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Biscuits

Broth (Version 2)

1 cup	Beef, chicken, or vegetable broth
1 cup	Bread or all purpose flour
1 cup	Whole wheat or rye flour
1 cup	Bulgur wheat
1/4 cup	Powdered milk
1/2	teaspoon Salt
1 1/2	teaspoon Yeast

Place all of the ingredients in your bread machine pan and select the dough cycle.

When the machine beeps, remove the dough and place it onto a floured board and roll out to 1/4 inch thick. Cut into shapes with a cookie cutter and place on greased cookie sheets.

Preheat your oven to 325°.

Bake for 45 minutes until done. Turn the oven off and let them sit inside for several hours to harden.



Dehydrated Treats

Dehydrated Dog Food

Frozen, raw dog food, thawed or canned dog food

Start with the frozen raw or canned dog food of your choice from your local store. Form it into small patties, squeezing out any extra liquid so it will dry quicker.

Put the patties on your dehydrator trays and dry for about 4 hours until you reach the consistency your dog likes. It can be chewy like jerky or crisp like cookies.

Notes: It's great broken into small pieces for treats or served whole for dinner. It's a good alternative to commercial treats if you are concerned about your dog's weight.



Frozen Treats

Peanut Butter Banana (Version 1)

3 tablespoons	Natural peanut butter, no sugar added
2	Ripe bananas, mashed
1 (24 oz.) container	Low fat vanilla yogurt
2 tablespoons	Unsweetened plain applesauce (optional)

Melt the peanut butter in a microwave. Combine all of the ingredients and mix well. Freeze in ice cube trays.



Holiday Treats

Honey Icing

1 teaspoon	Honey
2 teaspoons	Water
2 tablespoons	Cornstarch
3-5 drops	Food coloring of your choice

Combine the ingredients in a large mixing bowl and mix well until you have a cake frosting consistency.

Spread the icing on cool treats and refrigerate to harden.

Notes: You can substitute rice or potato flour for the cornstarch if your dog is allergic to corn. Also be aware this hardens fast! Add more water a little at a time so you can spread it on the cookies.



Kong Stuffing Recipes

Apple

4-5 small pieces	Low fat yogurt
3-4 slices	Apple
1 teaspoon	Banana
	Peanut Butter

Place a small piece of apple in the small end of the Kong to seal it. Fill the Kong about 1/4 full with yogurt. Add a couple more pieces of apple and a couple banana slices. Add more yogurt, more apple and banana to fill. Add the peanut butter on top.



Microwave Treats

Broth

2 cups	Whole wheat flour
2/3 cup	Beef or chicken broth
1 large	Egg, lightly beaten
3 tablespoons	Quick cooking oats

Combine the broth and egg. Stir in the flour and mix well. Add the oats and mix well. Knead just enough to work the flour in completely.

Form small, round balls and place them onto a microwave safe plate.

Microwave on high for 10 minutes.

Notes: You can substitute oat flour for the whole wheat.



Muffins

Squash

1 1/2 cups	Squash, peeled and cubed
1/8 cup	Water
1 cup	Whole wheat flour
1 cup	Oats
1 teaspoon	Ginger
1 teaspoon	Cinnamon
1	Egg
1 tablespoon	Vegetable oil
1/2 cup	Milk

Place the squash and water in a microwave safe bowl and microwave on high at one minute intervals until tender. When soft, drain the squash and let it cool.

Preheat your oven to 375°. Spray muffin tins with vegetable oil spray.

Combine the flour, oats, ginger and cinnamon and mix well.

Combine the cooled squash, egg, oil and milk in a food processor or blender and process until smooth. Add the squash mixture to the dry mixture and mix well.

Spoon the batter into the muffin cups, filling each cup generously.

Bake for 15 minutes or until a toothpick inserted in the center comes out dry.



Recycle Treats

Pumpkin (Version 1)

1 cup	Freeze dried food powder
1 cup	Canned pumpkin (not pie filling)
1	Egg
Small handful	Quinoa, buckwheat or oat flour

Preheat your oven to 350°. Spray cookie sheets with vegetable oil spray.

Combine the powder and pumpkin mixing well. Add the egg and flour and mix well. Shape the dough into balls and place them on the cookie sheets.

Bake for 15-20 minutes or until slightly golden and soft inside.



Training Treats

Chicken Tuna

1 can	White chicken in water, drained
1 can	Tuna in water, drained
1 can	Garbanzo beans, rinsed and drained well
2	Eggs
1/2 cup	Quick oats (optional)

Preheat your oven to 200° and spray a cookie sheet with vegetable oil spray.

Combine all of the ingredients in a food processor or blender and process until mixed well.

Spread the batter out on the cookie sheets to 1/4 inch thickness.

Bake for 4-6 hours, turning them over half way through. Bake until fully dehydrated.

Cut the treats into small training sized pieces.



Links to products mentioned in the book

[Bone meal](#)

[Brown Rice Flour](#)

[Flax seeds](#)

[Flaxseed meal](#)

[Lecithin](#)

[Nutritional yeast](#)

[Jerky maker gun](#)

[Bone shaped trays](#)

[Set of cookie cutters](#)

[K9Cakery](#)

[Pastries 4 Pets](#)

[Embark](#)

[Toothbrush shaped cutters](#)

The full book, **Homemade Dog Treats: Simple and Easy Recipes for Your Best Friend** is available in [paperback here](#) and for [your Kindle](#).



About the Author

Cathy L. Kidd is a craftsperson at heart. For as long as she can remember she has been creating things with her hands. She has done crochet (taught to her by her Aunt Carol), stained glass (learned by taking a class), candlemaking (learned from an ebook) and cooking (learned initially from Betty Crocker!)

Her other homemade recipe books include:

[Homemade Bread Recipes – A Simple and Easy Bread Machine Cookbook](#)

[How to Make Homemade Bread – Simple and Easy Bread Making Tips and Recipes](#)

[Homemade Soup Recipes: Simple and Easy Slow Cooker Recipes](#)

[How to Make Homemade Ice Cream: Simple and Easy Ice Cream Maker Recipes](#)

[How to Make Smoothies: Simple, Easy and Healthy Blender Recipes](#)

[Dehydrating Food: Simple and Easy Dehydrator Recipes](#)

For more recipes visit: www.easyhomemadebreadrecipes.com and join us on Facebook at <https://www.facebook.com/RecipesForYourKitchenAppliances>



CATHY HAS ADDED TO HER SERIES OF HOMEMADE RECIPE BOOKS WITH THIS NEW ONE FOR YOUR DOG. YOU'LL FIND 121 SIMPLE AND EASY RECIPES FOR ALL SORTS OF TREATS FROM BISCUITS TO MUFFINS TO DELIGHT YOUR DOG.

THE ADVANTAGE OF MAKING YOUR OWN TREATS IS YOU CAN COMPLETELY CONTROL THE INGREDIENTS. YOU CAN ELIMINATE PRESERVATIVES AND TAILOR THE RECIPES TO WHAT YOUR DOG LIKES. ALSO, IF YOU HAVE A DOG WITH FOOD ALLERGIES, YOU CAN USE SUBSTITUTES FOR ANYTHING HE CAN'T EAT. THE RECIPES IN THIS BOOK CAN EASILY TO CUSTOMIZED TO SUIT YOUR DOG.

INCLUDED ARE PEANUT BUTTER PUMPKIN BISCUITS, CARROT POTATO BISCUITS USING YOUR BREAD MACHINE TO MIX THE DOUGH, PEANUT BUTTER BANANA FROZEN TREATS, SOFT TREATS LIKE BABY FOOD VEGETARIAN FOR YOUR OLDER DOGS AND KONG STUFFING RECIPES TO NAME JUST A FEW.

YOU'LL FIND 12 CATEGORIES AND A BONUS SECTION OF HEALTH CONSCIOUS BISCUITS. FEEL FREE TO BE CREATIVE AND TRY SOMETHING NEW! YOUR BEST FRIEND WILL THANK YOU.